

TERMS OF REFERENCE
SPECIALIST IN ANALYSIS, DEVELOPMENT, AND MONITORING OF INTERINSTITUTIONAL
COMMUNITY STRATEGIES FOR SMAPS
SMAP-GTRM GROUP PERU

1. DETAIL OF THE REQUEST

- Job Title: Specialist in Analysis, Development, and Monitoring of Interinstitutional Community Strategies for Mental Health and Psychosocial Support (SMAPS)
- Location: Lima, Peru
- Planned Start Date and Assignment Period:
- Type of Request: Temporary Support from a Specialist

2. BACKGROUND

Peru is the second country, following Colombia, to have experienced the highest influx of Venezuelan refugees and migrants in Latin America. According to the National Institute of Statistics and Informatics (INEI, 2023), as of December 2022, there were 1,078,854 individuals of Venezuelan nationality in Peru, constituting 21% of the total Venezuelan refugee and migrant population. Within this demographic, 50.6% are female, and 49.4% are male. Moreover, the predominant age group is 15 to 49 years old (63.8%), followed by the age group of 0 to 14 years old (28.3%).

The Ministry of Health (MINSA) is the governing body for comprehensive healthcare in the country. The Guidelines of the Sectoral Mental Health Policy (2018) promote strategies for the care, prevention, and promotion of mental health, emphasizing primary care and community mental health centers for vulnerable groups. In this regard, refugees and migrants can access public sector mental health services, especially if they have regularized documentation. However, the limited resources of health establishments and community mental health centers result in extended waiting periods for both Peruvian and foreign individuals. The care is perceived as inefficient and untimely, leading to a clear trend of treatment abandonment.

Since 2018, the United Nations High Commissioner for Refugees (UNHCR) and the International Organization for Migration (IOM) have coordinated the implementation of the necessary actions to support and complement the response of responses of 17 countries' governments to the protection and assistance needs of Venezuelans within the framework of the Regional Response Plan for Refugees and Migrants (RMRP). The Working Group for Refugees and Migrants (hereinafter GTRM) is the national expression of the Regional Interagency Coordination Platform for Refugees and Migrants of Venezuela (hereinafter R4V Regional Platform) and is responsible

for the implementation of the Peru Chapter of the RMRP¹. The GTRM is divided into five thematic Working Subgroups, including the Protection, Health and Nutrition, Basic Needs, Education and Integration Working Subgroups. Currently the Mental Health and Psychosocial Support Working Group (GTSMAP) is under the Health and Nutrition Subgroup. The GTRM partners who are part of the Mental Health and Psychosocial Support Working Group - GTSMAP (UNHCR, CAPS, CCEFIRO, HIAS, International Federation of the Red Cross - IFRC Lima, Veneactiva) carry out mental health and psychosocial support for the Venezuelan refugee and migrant population in various districts of Lima (Lima Norte, San Juan de Lurigancho, Lima Sur, Lima Este especially), as well as in regions and provinces (Tumbes, Piura, La Libertad, Arequipa, Tacna, Pucallpa, Callao).

The purpose of promoting lasting solutions in the psychosocial adjustment of refugees and migrants is based on the comprehensive implementation of various protection and mental health and psychosocial support services. The individual's emotional adjustment to his social group is related to his self-evaluation (self-concept), his sense of agency and control over the social environment, and the coping mechanisms employed. Psychosocial resources such as self-understanding of one's own social behavior, approaches to facing and solving problems, and explaining success and failure experienced enable people to adapt and develop transformative capacities in their social environments (Vera et al., 2018).

Partners, according to their own programs, direct their efforts towards different segments of the pyramid of needs. Humanitarian aid (e.g. support through cash transfers/CBI); promotion of work skills through seed loans and technical training in entrepreneurship, specialized services in mental health (psychotherapy, psychiatry, social work), legal regularization of migratory status; and attention to groups of special interest such as migrants with HIV, TLGBI individuals, among others. A common strategy is the strengthening of the capacities of community agents as a multiplier factor for community well-being. Another common strategy is the collection of evidence to advocate for policies that promote access to safe, orderly, and regular migration.

The GTSMAP has shared community psychosocial work instruments with refugee and migrant populations: technical aspects in interventions in gender-based violence, child protection; child abuse case management; achievements, difficulties, and challenges in accessing public mental health services, etc. In addition, there is a directory containing information about institutions belonging to the GTSMAP, describing the service modalities and coverage locations.

To further strengthen the GTSMAP, the deployment of a Specialist is requested to work with its participating partners on the following objectives:

- 1) Mapping, analysis, and evaluation of the situation of the SMAP programs and development of strategies between agencies [Objective 1: Interagency MHPSS situation analysis, assessment, or mapping]; and 2) Development of shared community mental health indicators, interagency monitoring and/or evaluation [Objective 2: Interagency MHPSS Monitoring and/or Evaluation].

¹ Ver Términos de Referencia del GTRM Perú: https://www.r4v.info/es/document/GTRMPeru_TDR_May22

3. PROFILE OF THE SPECIALIST

The Specialist in Analysis, development, and monitoring of inter-institutional community strategies of SMAPS must have:

- Master's degree or Specialization Diploma in Mental Health and Psychosocial Support, with specific knowledge of the SMAPS guides and materials of the Inter-Agency Standing Committee (IASC).
- 3 years of experience in Analysis, development, and monitoring of inter-institutional community strategies of SMAPS.
- 3 years of experience in the formation and monitoring of the Mental Health and Psychosocial Support Working Group (GTSMAP).
- 3 years of experience in technical advice at the national level and/or in the Latin American-Andean region with national and international organizations.
- Experience in managing multidisciplinary groups of humanitarian action programs.
- Professional and ethical responsibility to make appropriate use of the information to which he/she has access.
- Be committed to contributing to the strengthening of humanitarian actions.
- Languages: Excellent spoken and written Spanish; intermediate level of English.

4. ROLE AND RESPONSIBILITIES

The Specialist in Analysis and development of Interinstitutional Community Strategies SMAPS will be responsible for:

- Facilitating the mapping, analysis, and evaluation of good practices and lessons learned within GTSMAP to reach a consensus on common thematic axes and psychosocial strategies.
- Establishing a set of interinstitutionally shared community mental health indicators among GTSMAP partners that respond to the defined and agreed upon strategies, allowing for monitoring and evaluation.
- Establish a group of community mental health indicators shared inter-institutionally among GTSMAP partners that respond to the defined and agreed upon strategies, which can be monitored and evaluated.

5. EXPECTED PRODUCTS

1. There are common thematic axes and psychosocial strategies agreed upon inter-institutionally among GTSMAP members.
2. Community mental health indicators shared among GTSMAP partners that respond to the defined and agreed strategies, and that can be monitored and evaluated.
3. A joint proposal for psychosocial intervention in community mental health from GTSMAP member institutions.

Productos/Entregable	Plazo de entrega
Work plan that includes the proposed methodology for developing the expected products, a timeline, and other relevant information.	7 days after starting the consulting
Mid-term report that includes progress related to the mapping, analysis and evaluation of the situation of the SMAP programs and the development of psychosocial strategies agreed upon among the members of the GTRSMAP and progress in the identification of community mental health indicators.	2 months after starting the consulting.
Final report of the consultancy that includes the psychosocial strategies agreed upon among the members of the GTRSMAP, the community mental health indicators identified for monitoring and the final proposal for psychosocial mental health intervention.	15 days after finishing the consulting

Produced by:

- Mental Health and Psychosocial Support Subgroup.